

Loyola University Chicago BENEFITS INFORMATION SESSION WEBINAR

Welcome! Our presentation will begin in a few moments.

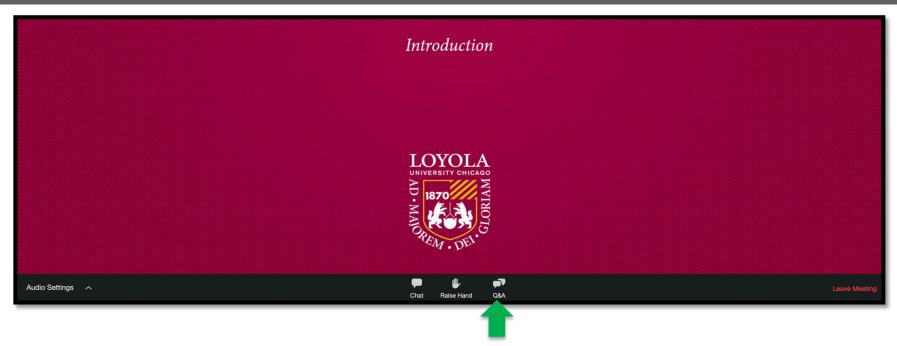
October 25, 2023

Presenters:

Danielle Hanson, Human Resources
Peter Curtis, CBIZ
Sierra MaLossi, Aetna
Marc Perez, MetLife



Zoom Webinar "Housekeeping"



Use **Q&A**, to ask Questions to the presenters. Questions will be answered by the presenters at the end of the presentation.

Housekeeping - Questions

- Feel free to contact Human Resources at benefits@LUC.edu or 312-915-6175
- Today's presentation & webinar recording will be available at: <u>LUC.edu/hr/2024openenrollment/</u>
- Email communications started 8/29 and will continue through November



Agenda

Section 1

- Changes & Important resources
- When & how to enroll
- Spouse/LDA & Tobacco premiums

Section 2

- Medical, Behavioral Health & Prescription Drug
- Aetna Resources

Section 3

Which medical plan is right for you

Section 4

- Health Savings Account (HSA)
- Flexible Spending Accounts (FSA)

Section 5

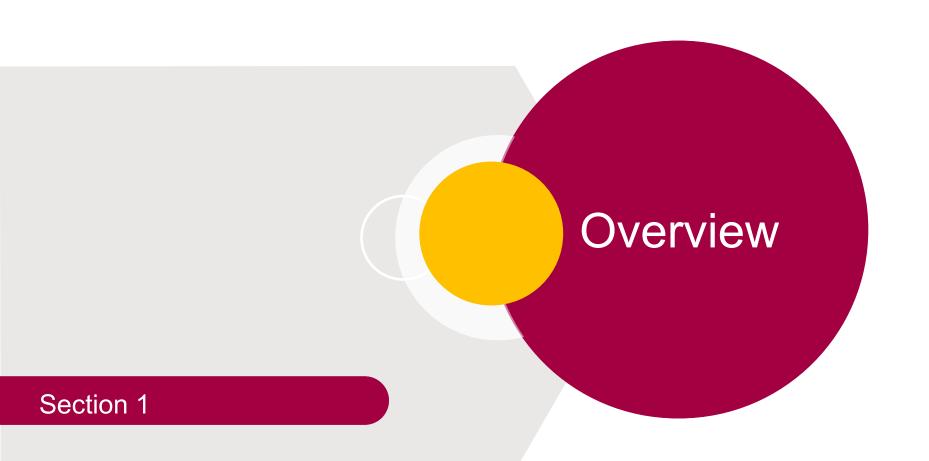
- Behavioral health resources
- Dental & Vision
- Accident & Critical Illness
- Other benefits

Section 6

Enrolling in benefits

Section 7

Questions & Answers



Changes for 2024

- Loyola's medical & prescription medication plan options remain with Aetna
 - PPO 1 deductible changed to \$750 for individuals / \$1,500 for family. Out of Pocket increases to \$3,500 for individuals / \$7,000 for family
 - PPO 3 HSA deductible changed to \$3,200 to meet the IRS minimum. Family deductible changed to \$6,400
 - Emergency Room benefit changed to 90% after deductible for PPO 1 & 2 Plans to meet Mental Health Parity requirements.
- PPO 3 HSA plan includes incentives:
 - Loyola's HSA contribution \$600 in enrolled as Employee Only and \$1,200 if enrolled as Employee plus 1 or more
 - Accident and Critical Illness coverage for the employee
- Medical insurance premiums are increasing (see pg. 38 of highlights brochure for rates)
 - The \$50 employee wellness premium reduction has been eliminated
- Delta Dental premiums are increasing (see pg. 39 of highlights brochure for rates)
- NEW for 2024 MetLife is the vendor for Life/AD&D, Disability, Leave Administration, Accident, and Critical Illness

Important Resources



Loyola University Chicago Partners

Aetna	Medical Insurance		
Aetna/Teledoc	Virtual visits		
CVS/Caremark	Prescription medications		
BenefitWallet	Health Savings Account (HSA)		
WEX (BenefitExpress)	Flexible Spending Account (FSA), Dependent Care, and Transit		
Delta Dental of Illinois	PPO Dental Insurance		
Guardian/First Commonwealth	DHMO Dental Insurance		
VSP	Vision Insurance		
MetLife	Basic Life and AD&D, Voluntary Life, Dependent Life, Critical Illness, and Accident		
First Stop Health	Virtual Behavioral Health Resources		
Perspectives	Employee Assistance Programs (EAP)		
Nationwide	Pet Insurance		
MetLife Legal	Pre-paid legal		



Where to go to learn more

- www.Aetna.com/loyola
- Aetna Concierge 855.586.6958
- https://start.myalex.com/loyola
- www.mybenefitwalletsite.com/luc
- www.luc.edu/hr/openenrollment/

Open Enrollment Highlights

When & how can I enroll?

ANNUAL OPEN
ENROLLMENT DATES:

NOVEMBER 1 – NOVEMBER 15, 2023

Where do I enroll?

- Use Employee Self-Service (ESS): https://ess.luc.edu
- Trouble? Contact the ITS
 Help Desk:
 helpdesk@luc.edu
 or call 773-508-4487

What do you need to do during open enrollment?

- Go to ESS and elect your 2024 benefit options
- Must re-enroll in FSAs & HSA through ESS
- Must complete Tobacco Premium and Spousal Premium Certifications
- Verify your dependents/beneficiaries

Medical,
Behavioral
Health &
Prescription
Drug
Benefits

Section 2

Key Terms

- Deductible The amount you pay each year before the plan starts paying a portion of expenses.
- Coinsurance A percentage of a claim you pay after you meet the Deductible.
- Copayment (copay) A fixed dollar amount you pay for emergency room visits and hospital admissions.
- Out-of-Pocket Maximum Total amount you pay out of pocket each calendar year before the plan pays 100 percent of covered expenses for the rest of the calendar year.
- Home Hospital Loyola University Health System, including Loyola Medical Center, Gottlieb Memorial Hospital and MacNeal Hospital
- PPO (Preferred Provider Organization) A network of doctors, hospitals and other health care providers. All of Loyola's medical plans use the Aetna network.

Medical Insurance Plan Options

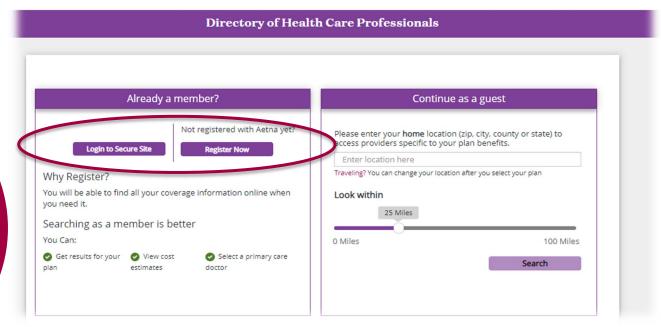
ALL PLANS USE THE	PPO 1	PPO 2	PPO 3
AETNA NETWORK	In-Network	In-Network	In-Network
Medical Deductible Individuals Family (You +1 or more)	\$750 \$1,500	\$1,200 \$2,400	\$3,200 \$6,400
Out-of-Pocket Maximum Individual Family (You +1 or more)	\$3,500 \$7,000	\$4,000 \$8,000	\$5,500 \$11,000
Coinsurance – Member Share	10% Home Hospital 20% In Network	10% Home Hospital 20% In Network	10% Home Hospital 20% In Network
Office Visit / Outpatient (Medical & Mental Health)-	Deductible & Coinsurance	Deductible & Coinsurance	Deductible & Coinsurance
Inpatient Services (Medical & Mental Health)– Home Hospital In Network hospital	\$100 copay, then Coinsurance \$250 copay then Ded. & Coins.	\$100 copay, then Coinsurance \$250 copay then Ded. & Coins.	Deductible & Coinsurance
Prescription Drug Deductible Individuals/Family (You +1 or more) (Does not apply to mail order)	\$100 / \$200	\$100 / \$200	Included in Medical
Prescription Drug Out-of-Pocket Max. Individuals/Family (You +1 or more)	\$3,000 / \$6,000	\$3,000 / \$6,000	Included in Medical
Prescription Drug Retail Generic/ Preferred/Non-Preferred Mail Order Generic/ Preferred/Non-Pref.	15% / 30% / 45% 5% / 15% / 25%	15% / 30% / 45% 5% / 15% / 25%	Deductible & Coinsurance

How To Find A Network PPO Medical Provider



Visit www.aetna.com/loyola to get started



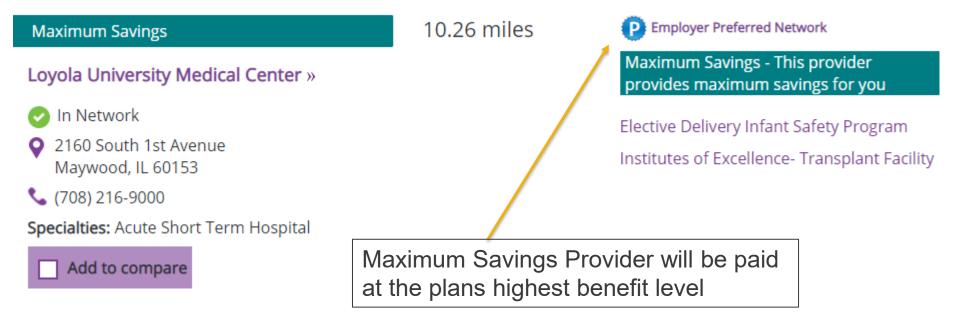


Same Network For All Plans!

AETNA CHOICE®
POS II (OPEN ACCESS)

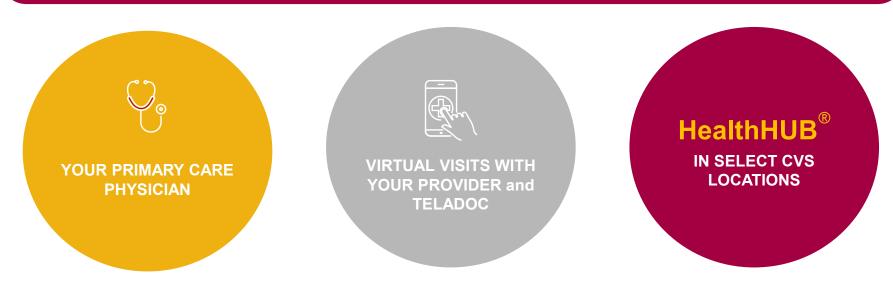
Identifying Your Maximum Savings Medical Provider

Network: AETNA CHOICE® POS II (OPEN ACCESS)



Medical Insurance

Choosing a Healthcare Facility – Part 1



WEIGH YOUR OPTIONS

Start with your Primary Care Physician, then look to virtual visits or HealthHUB[®] locations.

Medical Insurance

Choosing a Healthcare Facility – Part 2



WEIGH YOUR OPTIONS

Designated walk-in clinics, convenient care clinics and urgent care can be a more cost-effective alternative to the emergency room.

Medical Insurance

Access convenient, local care at MinuteClinic, at low cost/no cost to you.*

Available when you need it, including nights and weekends.

Get the care you deserve, without the high out-of-pocket costs.

For your best health, we encourage you to have a relationship with a primary care physician or other doctors. Tell them about your visit to MinuteClinic, or MinuteClinic and send a summary of your visit directly to them.

*Applies only to covered services at MinuteClinic. Members in indemnity plans are not eligible for this benefit. Such members should refer to their benefit plan documents in order to determine coverage and applicable cost share for clinic benefits and services, as applicable. Visit MinuteClinic.com for age and service restrictions.

*The no cost MinuteClinic benefit is not currently available to HMO membership in CA, Sutter JV membership in CA and members in the Indemnity plans are not eligible. Members enrolled in a qualified High Deductible Health Plan (HDHP) must meet their deductible first (assuming it's non-preventive), services would be subject to negotiated contract rates.

Get low cost/no cost care at MinuteClinic®

Convenient care close to home

MinuteClinic is a clinic located inside select CVS Pharmacy® and Target® locations, treating a variety of illnesses, injuries and conditions, including:

- Allergies
- Ear infections
- Flu-like symptoms
- Bug bites, stings and more

MinuteClinic providers can also administer vaccines and write prescriptions, when medically appropriate.



Behavioral Health

Feeling your best

Many people live with a behavioral health condition

People of any age, gender, income, race or religion can be affected by:

- Anxiety
- Depression
- Eating disorders
- Substance use disorders

Sometimes, the health conditions are mild and short lived. Other times, they're more serious and long lasting. Either way, there are effective treatments that can help. Your medical plan includes behavioral health benefits, with the help and resources you need to work toward feeling your best.



Behavioral therapy

Also known as talk therapy. It's one of the main ways to treat a behavioral health condition.



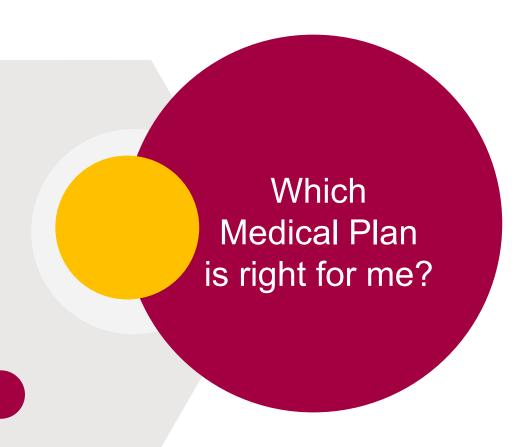
Medication therapy and management

Treatment may involve taking prescription medications. There are many that are effective for treating conditions like depression and substance use disorders



Your care advocate

They'll work closely with you to support your emotional health and everyday needs. They can do all the legwork to help you give your emotional health the high priority it deserves.



Section 3

Medical Insurance Premium Rates

- \$50 employee wellness premium reduction has been eliminated
- Medical Premium Rates for 2024 are increasing by 6.5%
 - See pg. 38 of highlights brochure for rates
 - Why? Total health care costs/claims increase by 5%-10% each year
 - Loyola pays 70% & faculty/staff pay about 30% of the total increase
- Premium increase amount is salary & medical plan dependent
 - If you make \$80k-150k per year:
 - Employee only coverage will increase anywhere for \$3.57 per month to \$10.78 per month
 - Family coverage will increase anywhere from \$75.49 per month to \$96.07
- REVIEW the medical plan you are in & choose the best option for 2024

Medical Insurance Premium Rates

		PPO 1	PPO 2	PPO 3 HSA	PPO 1	PPO 2	PPO 3 HSA
		Employee	Employee Monthly Contributions		Monthly Change From Current		
	EE	\$128.18	\$76.93	\$51.96	\$4.33	\$2.60	\$1.76
Band 1 (<\$50,000)	EE & Spouse	\$429.60	\$311.92	\$243.32	\$14.53	\$10.55	\$8.23
Band 1 (~\$30,000)	EE & CH(ren)	\$389.09	\$282.90	\$220.78	\$13.16	\$9.57	\$7.47
	Family	\$557.88	\$389.94	\$296.65	\$18.87	\$13.19	\$10.03
	EE	\$198.12	\$142.69	\$110.53	\$0.00	\$0.00	\$0.00
Band 2 (\$50,000 -	EE & Spouse	\$600.43	\$471.83	\$385.59	\$0.00	\$0.00	\$0.00
\$80,000	EE & CH(ren)	\$537.92	\$422.30	\$344.84	\$0.00	\$0.00	\$0.00
	Family	\$762.05	\$582.08	\$467.80	\$0.00	\$0.00	\$0.00
	EE	\$223.07	\$165.25	\$123.21	\$8.61	\$10.78	\$3.57
Band 3 (\$80,000 -	EE & Spouse	\$657.37	\$526.48	\$423.54	\$7.42	\$15.73	\$6.15
\$150,000)	EE & CH(ren)	\$590.73	\$472.64	\$379.58	\$8.44	\$15.51	\$6.30
	Family	\$913.70	\$726.15	\$581.87	\$88.81	\$96.07	\$75.49
	EE	\$288.72	\$227.61	\$177.04	\$51.21	\$52.64	\$39.86
Band 4	EE & Spouse	\$789.45	\$651.96	\$531.85	\$68.60	\$77.55	\$59.32
(\$150,000+)	EE & CH(ren)	\$709.76	\$585.71	\$477.17	\$63.98	\$71.55	\$54.49
	Family	\$1,109.81	\$912.45	\$742.68	\$195.39	\$202.22	\$167.15

Minimal Spend Example – Employee Only

	PPO 1	PPO 2	PPO 3/HSA
Medical Deductible	\$604	\$604	\$724
Medical Coinsurance	\$0	\$0	\$0
Medical Out-of-Pocket	\$604	\$604	\$724
Pharmacy (RX) Deductible	\$0	\$0	n/a
RX Coinsurance	\$18	\$18	n/a
RX Out-of-Pocket	\$18	\$18	n/a
Total Med./Rx Out-of-Pocket	\$622	\$622	\$724
Loyola HSA Contribution	n/a	n/a	(\$600)
Annual Premium	\$2,377	\$1,712	\$1,326
Total Annual Costs	\$2,999	\$2,334	\$1,450

Notes:

Salary Band 2 and Minimal Spend: 12 generic refills; Total RX of \$120. 2 primary physician visits, 4 specialist visits, no other services; Total Medical of \$604

With minimal medical and RX spend, PPO 3 is the lowest total cost. While you may pay more for the actual medical and RX services, when including the savings from the annual premium and LUC's HSA contribution, PPO 3 provides comprehensive medical coverage at the lowest total cost.

Medium Spend Example – Employee Only

	PPO 1	PPO 2	PPO 3/HSA
Medical Deductible	\$750	\$1,200	\$3,200
Medical Coinsurance	\$46	\$81	\$60
Medical Out-of-Pocket	\$796	\$1,281	\$3,260
Pharmacy (RX) Deductible	\$100	\$100	n/a
RX Coinsurance	\$730	\$730	n/a
RX Out-of-Pocket	\$830	\$830	n/a
Total Med./Rx Out-of-Pocket	\$1,626	\$2,111	\$3,160
Loyola HSA Contribution	n/a	n/a	(\$600)
Annual Premium	\$2,377	\$1,712	\$1,326
Total Annual Costs	\$4,004	\$3,823	\$3,987

Notes:

Salary Band 2 with Medium spend: 12 generic refills, 12 refills of brand medications; Total RX of \$2,418. 4 primary physician visits; 8 specialist visits; outpatient services of \$800; Total Medical of \$2,008

With medium medical and RX spend, all options have approximately the same costs.

Catastrophic Spend Example – Employee Only

	PPO 1	PPO 2	PPO 3/HSA
Medical Out-of-Pocket	\$3,500	\$4,000	\$5,500
RX Out-of-Pocket	\$3,000	\$3,000	n/a
Total Med./Rx Out-of-Pocket	\$6,500	\$7,000	\$5,500
Loyola HSA Contribution	n/a	n/a	(\$600)
Annual Premium	\$2,377	\$1,712	\$1,326
Total Annual Cost	\$8,877	\$8,712	\$6,226

Notes:

Salary Band 2 and enough medical and RX spend such that employee hits all out-of-pocket maximums

With catastrophic medical and RX spend, PPO 3 is the lowest total cost. You pay the least amount for your actual medical and RX services, as well as annual premium. PPO 3 provides comprehensive medical coverage at the lowest total cost.

Minimal Spend Example – Family

	PPO 1	PPO 2	PPO 3/HSA
Medical Deductible	\$1,500	\$1,812	\$2,172
Medical Coinsurance	\$31	\$0	\$0
Medical Out-of-Pocket	\$1,531	\$1,812	\$2,172
Pharmacy (RX) Deductible	\$0	\$0	n/a
RX Coinsurance	\$54	\$54	n/a
RX Out-of-Pocket	\$54	\$54	n/a
Total Med./Rx Out-of-Pocket	\$1,585	\$1,866	\$2,172
Loyola HSA Contribution	n/a	n/a	(\$1,200)
Annual Premium	\$9,145	\$6,985	\$5,614
Total Annual Costs	\$10,730	\$8,851	\$6,586

Notes:

Salary Band 2 and Minimal Spend equal to 3x the Individual.

With minimal medical and RX spend, PPO 3 is the lowest total cost. While you may pay more for the actual medical and RX services, when including the savings from the annual premium and LUC's HSA contribution, PPO 3 provides comprehensive medical coverage at the lowest total cost.

Medium Spend Example – Family

	PPO 1	PPO 2	PPO 3/HSA
Medical Deductible	\$1,500	\$2,400	\$6,400
Medical Coinsurance	\$212	\$362	\$501
Medical Out-of-Pocket	\$1,712	\$2,762	\$6,901
Pharmacy (RX) Deductible	\$200	\$200	n/a
RX Coinsurance	\$2,221	\$2,221	n/a
RX Out-of-Pocket	\$2,421	\$2,421	n/a
Total Med./Rx Out-of-Pocket	\$4,133	\$5,183	\$6,901
Loyola HSA Contribution	n/a	n/a	(\$1,200)
Annual Premium	\$9,145	\$6,985	\$5,614
Total Annual Costs	\$13,278	\$12,168	\$11,314

Notes:

Salary Band 2 with Medium spend equal to 3x Individual

With medium medical and RX spend, PPO 3 is the lowest total cost. While you may pay more for the actual medical and RX services, when including the savings from the annual premium and LUC's HSA contribution, PPO 3 provides comprehensive medical coverage at the lowest total cost.

Catastrophic Spend Example – Family

	PPO 1	PPO 2	PPO 3/HSA
Medical Out-of-Pocket	\$7,000	\$8,000	\$11,000
RX Out-of-Pocket	\$6,000	\$6,000	n/a
Total Med./Rx Out-of-Pocket	\$13,000	\$14,000	\$11,000
Loyola HSA Contribution	n/a	n/a	(\$1,200)
Annual Premium	\$9,145	\$6,985	\$5,614
Total Annual Cost	\$22,145	\$20,985	\$15,414

Notes:

Salary Band 2 and enough medical and RX spend such that the family reaches all out-of-pocket maximums

With catastrophic medical and RX spend, PPO 3 is the lowest total cost. You pay the least amount for your actual medical and RX services, as well as annual premium. PPO 3 provides comprehensive medical coverage at the lowest total cost.



Section 4

Health Savings Account

*For PP0 3 HSA Medical Plan members only. A Health Savings Account (HSA) is a bank account that allows you to save and pay for your share of everyday qualified health care expenses tax-free.

- Loyola will contribute to your HSA account with the first paycheck in January 2024.
- Re-enroll in your HSA payroll contribution for 2024 at https://ess.luc.edu.

\$600 Employee Only

\$1,200 Employee plus 1 or more

You can contribute up to the following amounts tax free in 2024: Individual = **\$4,150 total or** \$600 Loyola + up to \$3,550 Family (You +1 or more) = **\$8,300 total or** \$1,200 Loyola + up to \$7,100

HSA Q&A

How do I qualify for an HSA?

You must be enrolled in an HSA qualified health plan option (PPO 3 HSA). If addition, you cannot be covered by another health plan (including Medicare or Tricare) or be claimed as a dependent on another person's tax return.

How do I make deposits to my HSA?

You can contribute to your account with payroll deductions, online by making deposits from your checking account, or by mailing a personal check. Loyola will deposit the University's contribution in January 2024.

What expenses qualify for payment from an HSA?

Funds in your HSA can be used to pay for any eligible medical, dental, or vision expenses – doctor's visits, prescriptions, lab tests, and hospitalizations. See IRS Publication 502 for a complete list of qualified expenses.

Do HSA funds expire?

Your HSA funds never expire. Any funds you don't spend roll over year after year and can be saved and invested for retirement. There is an *annual* limit for contributions, but the total balance of your account has no limit.

What happens if I change jobs or health plans?

You own your HSA. If you change jobs or health plans, you continue to own your account. If you enroll in another HSA-qualified health plan, you can continue to contribute to your HSA. If you choose another type of health plan, you are still eligible to spend the funds in your HSA on qualified medical expenses — for you, your spouse, and your tax dependents.

What are the fees for having this account?

The monthly maintenance fee is employer paid by Loyola. \$1.90 per employee per month if the monthly average balance is \$3,000 or less. No fee if the monthly average balance is \$3,000 or higher.

Flexible Spending Account

SELECT YOUR FSA

HEALTHCARE FSA \$3,050 annual limit

*For PP0 1 & 2 Medical Plan members only

DEPENDENT CARE FSA \$5,000 annual limit \$3,050 annual limit

* For PP0 3 HSA Medical Plan members only

TRANSIT \$300 monthly

*start/stop/change all year

\$610 carryover of unused balances for the Healthcare, and Limited Purpose Healthcare from 2024 to 2025. **Please** plan carefully to ensure you do not forfeit any funds at the end of the 2024 reimbursement period.

Behavioral Health
Dental
Vision
Accident
Critical Illness
Other benefits

Section 5

Behavioral Health Resources

Aetna network providers

- Access providers through Aetna network
- Visits are paid through the medical plan (member deductible and coinsurance apply)
- Increased the number of providers to more than 300,000 nationally, and added 11 of your preferred counselors to the network

Teladoc providers

- •Therapist/psychiatrist available online, daily from 7:00 am to 9:00 pm
- Costs vary; therapist range from \$0-\$85 per visit, psychiatrist from \$0-\$180 per visit. Enroll with Teladoc for pricing.
- •More information at www.Teladoc.com/Aetna, the Teladoc app, or call 855.835.2362

Perspectives – Employee Assistance Program (EAP)

- Access to Perspectives' counselors by calling 800.456.6327
- Consultations/visits are free for employees and dependents
- After 3 initial visits, referred to Aetna network provider

First Stop Health

- Access providers at https://www.fshealth.com/ or call 888-691-7867
- Free virtual visits for employees and dependents
- •Short-term, solution-focused counseling via app, web or phone.
- Will refer to Aetna network provider if needed

Dental

REVIEW YOUR DENTAL PLANS

Delta Dental PPO

- Monthly premium rates have increased for 2024
- Choose in-network dentists to receive lowest costs for services
- Out-of-network dentists provide services at a higher cost for you

Guardian/First Commonwealth DHMO

- No change to monthly premiums
- In-network dental care only, Available in Chicagoland and Northwest Indiana only
- No out-of-network coverage

Vision

No changes for 2024.

VSP members also have access to discounts available at www.vsp.com.

Non-VSP members with a Loyola medical plan can take advantage of special vision discounts through Aetna Vision. Visit www.aetna.com for more information and to find a location.



Life and AD&D Insurance

REVIEW YOUR LIFE INSURANCE POLICY

Add Your Spouse

Add Your Dependents

Increase Your Coverage

Your benefit is paid out in a lump sum to your beneficiaries.

Be Sure to Elect Your Beneficiaries



Basic Life equal to 1.5x your salary to \$500k

No Cost to you!



Supplemental Life and AD&D



Accident Plan



Accident coverage is provided at no cost to employees who enroll in PPO 3 HSA

(coverage for other dependents may be purchased voluntarily)

Critical Illness

Critical Illness (CI) pays a Lump sum benefit directly to you upon diagnosis of a covered critical illness.



You choose either a \$10,000 or \$20,000 lump sum benefit



Additional costs due to a critical illness contribute to pressure you are already under at the worst possible time

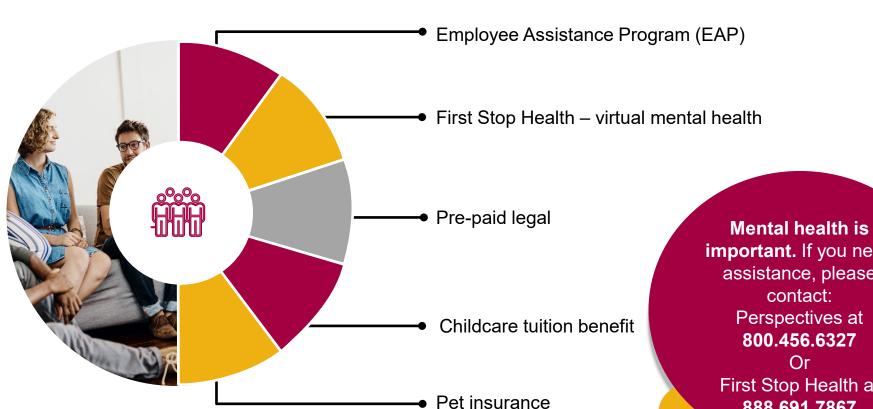
- Out of pocket medical expenses
- Durable medical equipment
- Lost income
- Home modification



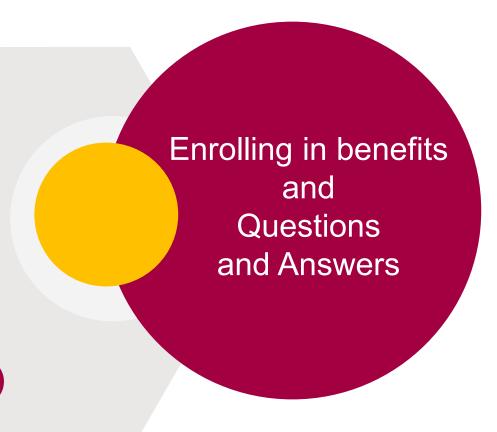
\$10,000 CI coverage is provided at no cost to employees enrolled in PPO 3 HSA

(coverage for other dependents may be purchased voluntarily)

Other Benefits

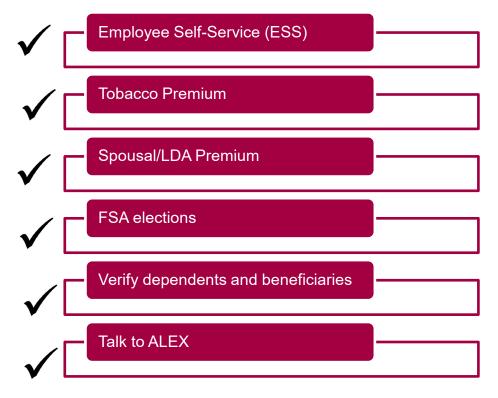


important. If you need assistance, please Perspectives at 800.456.6327 First Stop Health at 888.691.7867



Section 6

Enrolling In Benefits



ANNUAL OPEN ENROLLMENT DATES:

NOVEMBER 1 – NOVEMBER 15, 2023



Visit ALEX:

https://start.myalex.com/loyola

Benefits & Open Enrollment Questions

 Feel free to contact Human Resources at <u>benefits@LUC.edu</u> or 312-915-6175 with any benefitsrelated questions.

Today's presentation & webinar recording

is available at:

LUC.edu/hr/2024openenrollment/



